

Your Wickedly Kinky Mistresses Dictionary of Terms

(Expanded from Book)

Breath Play: I got myself in trouble with this one, thinking that breath play meant that we were going to do some breathing to get into a different state, or perhaps the Dom I was training with would be holding my breath. However, to them it meant blocking the flow of blood to my brain and causing me to pass out in under 5 seconds. (An instance where asking, "What do you mean by THAT?" would have really helped me understand more, thus allowing me to make more of an informed decision about saying yes). For the purposes of this book, I am defining breath play as anything that changes your normal breathing pattern. This could mean that you are required to monitor your breath, do a specific breathing pattern, or even hold your breath for a period of time.

Intense Genital Play or Restraint (CBT/Vaginal Torture): Think penis restraint, chastity devices, electro-stimulation to the genitals, and other wicked types of genital stimulation. Take a deep breath. It's just intense genital play.

Fetish: There is a difference between a Kink and a Fetish. A fetish is mostly about an object. You may have a shoe fetish or a women's undergarments fetish. Kink relates to activities that you like to do, giving over power, for example.

Shape Shifting (Animal/Fantasy Role Play): Shape shifting is a fun way to play with the primal animal within you. Within the kink world, this may be called puppy play or pony play. I like the term "shape shifting" because it brings in more of a primal animal aspect of a human shape shifting into something else (werewolf, vampire, stallion, lap pet).

Mind Sex: Psychological play where one person, usually a Top or Dominant, takes another, usually a bottom or sub, into a subversive experience of the mind. An example of this is a man who fantasizes about a “forced” bisexual experience, yet he doesn't want to really live it out, so his lover blindfolds him, not letting him know what is “real” or not, and makes him think another person is coming into the room, etc. Most of the experience is happening in the mind, creating the illusion that what is happening is really real.

Orgasm Control: Being controlled, or controlling, when and if your partner can have an orgasm. It also may include whether or not your partner is allowed to self-pleasure. This is perfect for training your lover to last longer, for building intense arousal, and other nefarious games.

Archetype-Play: Often called Role-Playing, although I suggest that Archetype Play is deeper, allowing you to dive into erotic aspects of yourself you may have shut down. You are still being yourself; just a version of your most empowered erotic self! Think of an Archetype as a prototype or personality that can be easily recognized (geek, super hero, mythological character, blond bombshell, All-American girl, etc)

Intense Sex (Rough Sex): When I talk about intense sex, I am referring to sex that is rough in nature. It may involve really intense impact using the hands or feet. It may involve intense hair pulling or psychological degradation. Intense for you may not be intense for another person.

Correction/Discipline: When playing with power, a Dominant may need to correct or discipline a submissive with agreed upon punishments.